

# **TUMBLING TUNES WINTER 2019 SESSION**

## **January 7th - March 31st (11 weeks)**

### **No classes February 18th - 23rd**

#### **MONDAY**

9am - 12pm - Playtime/Drop off (play/craft side only from 10 - 11:45am)  
10 - 10:45am - Music, Movement & Gymnastics (Mommy & me) for walkers - 3 yrs.  
11 - 11:45am - 3 - 6 year old Gymnastics  
2:45 - 5:45pm - DAS Aftercare & Playtime/Drop off

#### **TUESDAY**

9am - 12pm - Playtime/Drop off (play/craft side only from 10:15 - 10:45am)  
10:15 - 10:45am - Music for Babies (6 - 14 months)  
2:45 - 5:45pm - DAS Aftercare & Playtime/Drop off (play side only from 3:45 - 4:45pm)  
3:45 - 4:45pm Gymnastics for 5 - 8 yrs.

#### **WEDNESDAY**

9am - 12pm - Playtime/Drop off  
2:45 - 5:45pm - DAS Aftercare & Playtime/Drop off (play/craft side only from 3:45 - 5:40pm)  
3:45 - 4:30pm Gymnastics for 3 - 5 yrs.  
4:40 - 5:40pm Gymnastics for 5 - 8 yrs.

#### **THURSDAY**

9am - 12pm - Playtime/Drop off (play/craft side only from 9:15 - 10am)  
9:15 - 10am - Music, Movement & Gymnastics (Mommy & me) for walkers - 3 yrs.  
10:15 - 11:15am - Little Learners (preschool prep. Ages 2 - 3.5 yrs.)  
2:45 - 5:45pm - DAS Aftercare & Playtime/Drop off (play/craft side only from 4:10 - 6pm)  
4:10 - 4:55pm - Music, Movement & Gymnastics (Mommy & me) for walkers - 3 yrs.  
5 - 6pm Gymnastics for 5 - 8 yrs.

#### **FRIDAY**

9am - 12pm - Playtime/Drop off (play/craft side only from 9:30 - 10:15am)  
2:45 - 5:45pm - DAS Aftercare & Playtime/Drop off

#### **SATURDAY**

9am - 12pm - Playtime/Drop off (play/craft side only from 9:15 - 11:35am)  
9:15 - 9:45am - Music for Babies (6 - 14 months)  
10 - 10:45am Music, Movement & Gymnastics walkers - 5 yrs. (siblings welcome)  
10:50 - 11:35am Gymnastics for 3 - 5 yrs.  
12:15, 2:15, & 4:15 Birthday Parties

#### **SUNDAY**

Noon - 5pm Birthday Parties  
2 - 4pm - Playtime/Drop off

**ADVANCE NOTICE REQUIRED FOR PLAYTIME IN ORDER TO STAFF APPROPRIATELY. Call or text 631-697-0140, or Email [tumblingtunes@gmail.com](mailto:tumblingtunes@gmail.com) for a reservation.**

**PRICING for 11 weeks: \$255/5 - 8 gym, \$220/3 - 6 gym & Mommy & Me, \$240 for Little Learners, \$130/Music for Babies.**

**Unlimited makeups during the session. Classes do not carry over from one session to the next. 10% discount off classes if you register and pay by December 15th. Private lessons available. Please call or text Kerry for more information.**

#### **TUMBLING TUNES CLASS DESCRIPTION**

**MUSIC FOR BABIES:** A half hour mommy and me class for ages 6 - 14 months that uses finger-plays, children's instruments, scarves, movement, bubbles, and parachute activities to enhance baby's sensory experience while spending quality time with a loved one.

**MUSIC & GYMNASTICS FOR WALKERS - 3 YEAR OLDS:** A 45 minute mommy and me class that mixes music, movement, preschool gymnastics, bubbles and parachute activities. Children become more aware of their innate sense of rhythm, and the joy of movement as well as increasing their sense of balance, coordination and strength.

**LITTLE LEARNERS:** An hour class that prepares children for pre-school and separation. The class includes music, gymnastics, playtime, story time, and craft. Parents start off for a couple of weeks with their child in class and then gradually separate until the child is comfortable in class on their own. For ages 2 - 4.

**3 - 6 YEAR OLD GYMNASTICS:** A 45 minute separation class that focuses on specific gymnastics skills utilizing the floor, balance beam, vault, bar, and trampoline. Children work on building strength, coordination, and balance while enjoying a fun, obstacle course to keep them moving. Ends with either games, parachute or bubbles.

**5 - 8 YEAR OLD GYMNASTICS:** An hour long class that builds upon the skills in the 3 - 6 year old class. Child must be able to do a handstand and cartwheel (however rudimentary) to enter this class. Class focuses on more difficult skills with precision but aims to keep a fun, non - competitive environment.

**2 1/2 - 8 YEAR OLD MUSIC & GYMNASTICS SUMMER CAMP:** A 3 - 4 hour camp that includes a gymnastics class, music & movement, craft, free play, parachute activity, water play and optional science time. Parents have the option for children to stay an extra hour for science and additional playtime. (Lunch, towel and change of clothes/bathing suit required).

**PRIVATE GYMNASTIC LESSONS - Open to all ages up to 12. \$40/ 1/2 hour lesson.**

**DISCOUNTS:** Siblings receive a 20% discount off all classes and camps. If a child takes more than one class per week, they also receive a 20% discount off the less expensive class. 10% early registration discount - generally 1 month prior to session start.

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